

Science of the Soul

Spiritual Discourses Haynes Park

Friday 3, Saturday 4, Sunday 5 August 2018

Programme

Haynes Park gates open	6.30 am
Tent gates open	7.00 am
Sangat to be seated by	9.20 am
Satsang starts	10.00 am
Satsang ends	11.30 am
Tent field closes & coaches leave	1.15 pm
Haynes Park closes	2.15 pm

Travel Directions

- Please note there is no public transport to Haynes Park.

By car from the North (including Milton Keynes. SEE MAP)

- Use the M1 and leave at Junction 13 and take the A421 to Bedford. Approach Haynes Park southwards on the A6 from Bedford.

By car from the South or East of Haynes Park (e.g. Central, South or East London & East Anglia. SEE MAP)

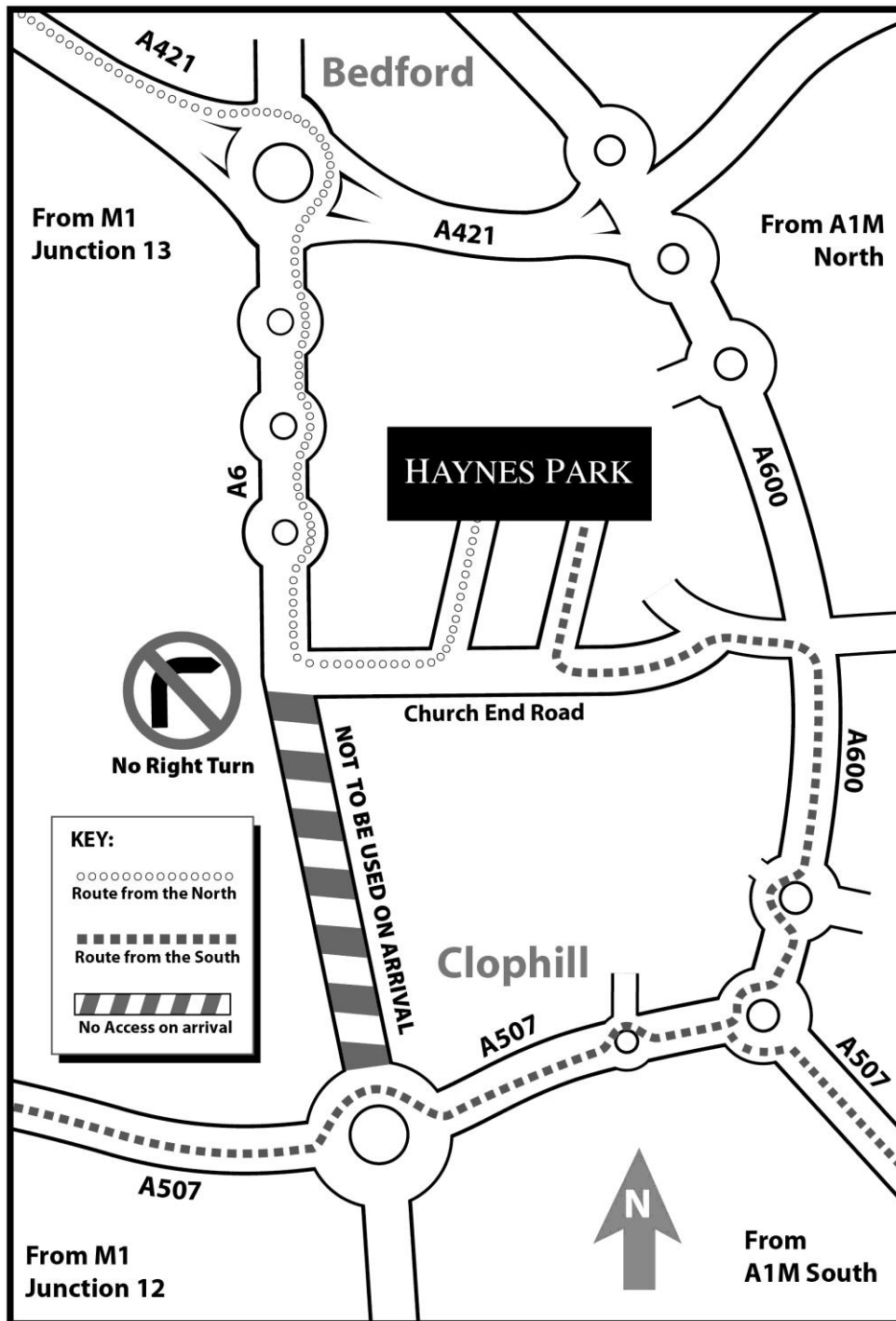
- Use the A600 northwards *towards* Bedford, turning left after Shefford for Haynes Church End.
- Do not approach Haynes Park northwards on the A6 to turn right into Church End Road. Instead, from Clophill use A507 and A600 for Haynes Church End.

For Those Travelling by Coach

- Please leave your belongings including mobile phones and any electronic devices on your coach.
- Coach departure time is 1.15 pm.

Arrival and Departure

- A one way system will be in place morning and afternoon between the A6 and Haynes Park. Please follow directions.
- Park where requested by sevadars.
- Please allow an extra 20 minutes to make your way from the car parks and take your seat in the Satsang Tent.
- **It is important to be patient on leaving as large numbers of cars are departing at the same time.**



Seating

- The sangat must be seated by 9.20 am. If you leave your seat, you will not be able to return after 9.30 am and will be required to sit at the back, so please take your belongings with you.
- A limited number of chairs will be available for the general sangat. Please do not hold seats for others.
- Security measures will be in place and you will be scanned before you enter the Satsang Tent and Family Area.
- Written notes should not be taken during the programme as they distract attention from the real benefit of satsang.
- Only a small cushion, a small bag and a 500ml bottle of water will be allowed into the Tent - no other bags, food or drinks will be permitted. Low level folding chairs will only be allowed at the rear of the tent.

Photography and audio/video recording, is strictly prohibited

- Mobile phones, iPods, fitbits/ smart watches, audio and video recorders or any other electronic items are not permitted in the Satsang Tent or the Family Area and must not be carried on the estate, so leave these, **including mobiles** in your car or coach.

Simultaneous Translation

- A designated seating area with headphones will provide simultaneous translation from Punjabi into English. This should only be used by those in need of this facility. Seats will be on a first come first served basis

Questions & Answers

- Those who wish to ask a question will be selected each morning before satsang, through a random draw of tokens, some of which are blank and some are numbered. Only those who draw a numbered token will be permitted to ask a question. See insert for full information or contact your local secretary or the co-ordinator. Only persons 18 years or older may ask a question.

Special Needs Facilities *(Contact your Secretary or Co-ordinator for further details)*

- Please bring your own wheelchair. Your helper must be 16 years or over.
- For those without a wheelchair user's parking permit, a minibus service is available from coach and car parks.
- The Satsang Tent has no heating provision, so please dress appropriately.
- Hearing loop and simultaneous translation service is available in Special Needs section.

Children

- All children who have not reached their tenth birthday on the day of the satsang must go to the Family Area accompanied by **one** parent or family guardian who must be at least 18 years of age.

- Children aged 10 and 11 years may use the Family Area **accompanied** by one parent or guardian, or go to the main Satsang Tent.
- All children aged 12 years and over must go into the main Satsang Tent.
- The Family Area opens at 7.00 am and closes at the end of satsang. You will be scanned before you enter the Family Area Tent.
- Soft toys may be brought into the Family Area. Food and a small flask of hot water/milk for your child may also be brought in as food is not otherwise provided.
- Children must not be left in the Family Area without a parent or guardian. Parents must keep their children in sight and under supervision at all times. Science of the Soul accepts no liability for lost or separated children.

Food and Drink

- Drinking water is available throughout the site.
- A pre-packed meal consisting of samosa wrap, cereal bar, apple and juice will be available after the programme at a cost of £2.50
- Tea will be on sale before and after satsang at 20p per cup.

Shoes and Clothing

- The ground may be uneven, so wear appropriate footwear.
- Please note that the floor covering in the Tent may not be colourfast.

First Aid

- Only medical problems arising on the day and urgent medical situations can be dealt with by the First Aid service. Those needing to administer their own medicine or nourishment (e.g. diabetics) can use the First Aid facilities.

Lost Property and People

- Please enquire at the Information Point near the Tea Hut.

Please Note

- A Meeting Point is located on the Cedar Lawn.
- Haynes Park is a no smoking area. This applies to tobacco and e-cigarettes.
- Pets should not be brought on site.

Public Telephone

- One coin-operated public phone is available outside the Sports Hall.

Literature

- Books, CDs and photos will be on sale after the satsang at the back of the Tent.